



Comprehensive Fracture Care by Mr. Nasr: Specialising in Lower Limb Fracture Surgery

Whilst most fracture surgery is carried out in the National Health Service, Mr Nasr is an expert in all aspects of fracture care and is able to assist with patients who have already undergone fracture surgery, either locally or abroad.

This may involve helping with rehabilitation, second opinions or even further surgery.

Expert Fracture Treatments by Mr. Pierre Nasr

Mr. Nasr is a highly experienced Trauma and Orthopaedic Surgeon with specialised training in fracture treatment from major trauma centres around the world. His expertise spans the entire range of fracture-related conditions, with a particular focus on lower limb fracture surgery. Mr. Nasr is dedicated to providing world-class care for patients with fractures, ensuring they receive the most effective and up-to-date treatment tailored to their individual needs.

Specialised Expertise from Global Trauma Centers

Mr. Nasr's fellowship training at leading trauma centres internationally has equipped him with advanced skills in treating complex and high-energy fractures, particularly those involving the lower limbs. Whether dealing with injuries from motor vehicle accidents, sports injuries, or falls, Mr. Nasr's global training allows him to provide cutting-edge treatment using the latest surgical and non-surgical techniques.

Treatment Philosophy: Individualised and Patient-Centred

Mr. Nasr's approach to fracture care is based on delivering personalised treatment to each patient. For lower limb fractures, he focuses on the least invasive methods whenever possible, always considering the patient's overall health, recovery needs, and long-term mobility. Whether a simple or complex fracture, Mr. Nasr ensures that the treatment plan is tailored to promote optimal healing and functional recovery.

Comprehensive Fracture Treatments

Mr. Nasr treats all fracture-related conditions in his NHS practice which allows a deep understanding of how to rectify situations where treatments elsewhere have not achieved the desired results

- **Simple Fractures:** Straightforward fractures that can often be managed with non-invasive techniques like casting or splinting.
- **Complex Lower Limb Fractures:** Severe injuries involving multiple fractures, joints, or soft tissues, which may require surgical intervention.
- **Trauma-Related Fractures:** High-energy injuries from accidents or falls, particularly in the pelvis, hip, and lower limbs.
- **Pathological Fractures:** Fractures resulting from underlying conditions such as osteoporosis or bone cancer.

Surgical and Non-Surgical Options

Mr. Nasr offers a full range of both surgical and non-surgical fracture treatments:

- **Casting and Splinting:** Ideal for managing simple fractures without the need for surgery.
- **Fracture Fixation Surgery:** For complex fractures, Mr. Nasr uses advanced techniques such as plates, screws, and rods to ensure proper bone alignment and promote healing.
- **External Fixation:** Used in cases of severe fractures with significant soft tissue damage to stabilise the bones and prevent complications.
- **Fracture Reduction and Realignment:** Restoring proper bone alignment through either manual manipulation or surgical intervention.

<https://www.dreamstime.com/woman-orthosis-sits-sofa-car-accident-attaching-orthosis-bandage-to-support-ankle-joint-leg-woman-image320420769>

Private Follow-Up Care

While fracture surgeries are often best performed in an NHS hospital setting for optimal care and resources, Mr. Nasr offers private follow-up care to ensure patients receive continuous, personalised support throughout their recovery. This private follow-up service includes ongoing assessments, rehabilitation planning, and tailored advice to facilitate the best possible recovery outcome.

Advanced Techniques for Better Outcomes

Mr. Nasr integrates innovative approaches into his fracture treatments, including:

- **Minimally Invasive Surgery:** Techniques that use smaller incisions, leading to faster recovery times, reduced pain, and minimise scarring.

- **Biological Fixation:** Where appropriate, biological treatments are utilised to support natural healing processes and reduce the need for invasive interventions.
- **Customised Rehabilitation:** After surgery, Mr. Nasr emphasises the importance of individualised rehabilitation programs to restore function and enable patients to return to their regular activities as soon as possible.

Treating Complex Trauma and Offering Second Opinions

Mr. Nasr frequently treats patients with complex fractures or those seeking second opinions after previous surgeries. His international experience allows him to provide expert insights and alternative treatment options for difficult cases where prior treatments may not have achieved the desired results.

Restoring Mobility and Improving Quality of Life

With his extensive experience and commitment to personalised care, Mr. Nasr's goal is to help patients regain their mobility and improve their overall quality of life. Whether through non-surgical management or advanced surgical techniques, patients can expect compassionate, expert care designed for long-term recovery and function.

Contact Us Today for Expert Care

If you have sustained a fracture or are seeking follow-up care after fracture surgery, contact Mr. Nasr's practice today for a consultation. His extensive experience in fracture care, particularly lower limb surgery, ensures that you are in expert hands for both surgical and non-surgical treatments, along with comprehensive private follow-up care